2A (v): YOUR FUNDAMENTAL BELIEFS

In the speech bubbles below, write down any belief you have held at any point in your life that was or is extremely important to you. These should be beliefs about yourself or the world that you believe(d) to be true and influenced your thoughts and behaviour. In the first boxes, I have given examples from a previous to give you an idea. Complete the remaining boxes with your own beliefs. If you have more, continue on another page.

I believed you could change the people you want in your life by being nice and kind

I believed 'having experience' on a CV or resume and 'saying all the right things' would get you the job